



G O L D E N A C R E
H O M E & G A R D E N

SINCE 1967



May long weekend.

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HOME & GARDEN

It's that time!!!

- May long weekend is a guideline.
- Can be earlier or later.
- Keep an eye on overnight temperatures.
- It's not too late to get started.
- Make a checklist of tools, pots etc.
- Be excited.



How to prepare your soil.

- Garden beds –
 - Add amendments all together.
 - Work into the top 2” - 4”.
 - Firm soil down.
 - Level soil with a rake.
- Raised planters –
 - Be careful adding compost/topsoils.
 - Add growing medium ensuring you still have room for plants.
 - Firm as you go, do not compact.

Amendments!

Thicken/strengthen –

Compost.

Manure.

Sand.

Lighten/fluff –

Peat moss/Coir.

Gypsum.

Perlite/vermiculite.

Feed/Boost -

Volcanic mineral.

Worm castings.

Charcoal.



Know your plants.

- Which are hardy?
- Which are tender?
- Direct sow seeds.
- Indoor start seeds.
- Additional protection.



Hardy Vs Tender plants

Hardy

- Broccoli.
- Spinach.
- Pansies.
- Dianthus.
- Kale.
- Carrots.
- Radish.



Tender

- Impatiens.
- Cucumber.
 - Tomato.
 - Cosmos.
 - Basil.
- Lavender.
- Peppers.



Direct sow seeds Vs Starter plants

Direct sow

- Lettuce.
- Spinach.
- Parsnips.
- Cosmos.
- Sweet pea.
- Beans.
- Radish.
- Carrots



Starter (your own or from store)

- Squash.
- Cucumber.
 - Zinnia.
- Pumpkin.
- Tomato.
- Lavender.
- Geranium.
 - Peppers



Added protection!

- Frost blanket.
- Dome covers.
- Mini greenhouse.
- Drinking cups.
- Upside down pot.
- Pop bottles.
- Bring inside.
- Build your own.



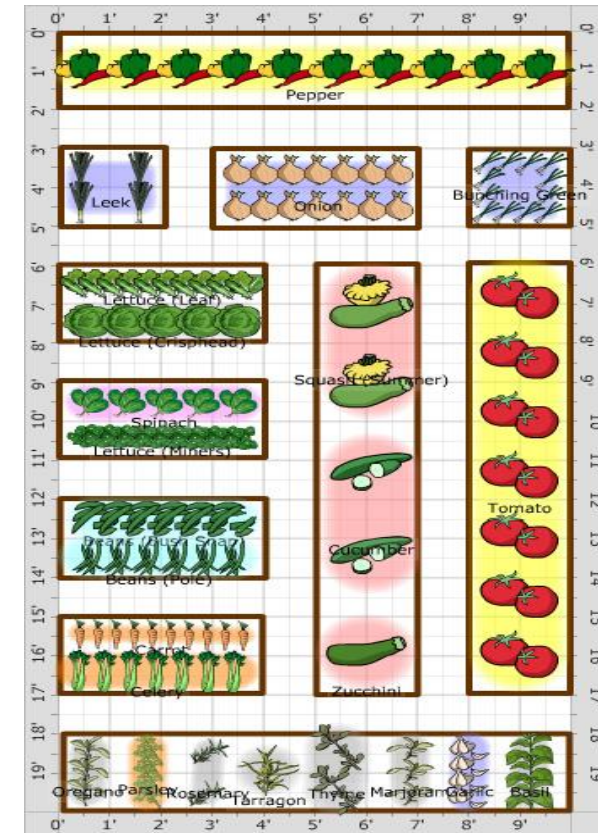
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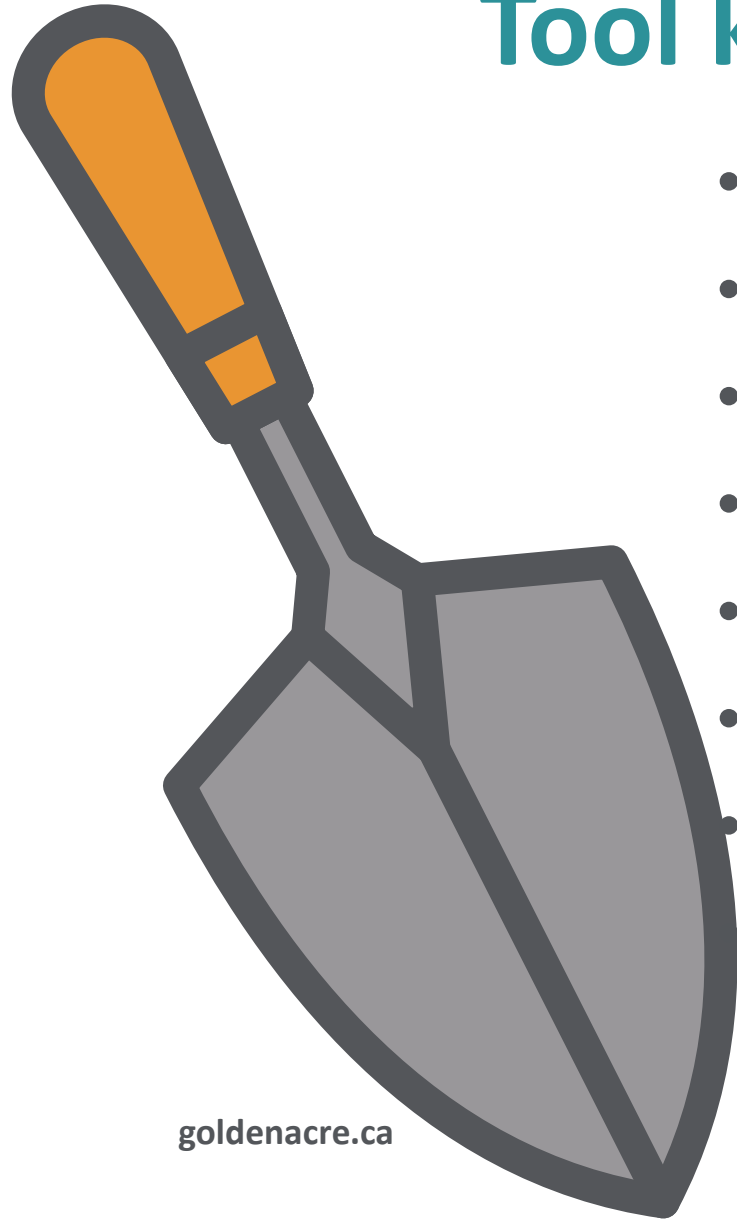
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Stick to your plan! (or make a plan)

- Know your exposure.
- Know your plant spacing.
- Consider heights of plants.
- Consider all environmental conditions.
- Consider all spaces, hanging, trellis/fence etc.
- Be aware of time investment.
- Be prepared to react quickly if needed.



Tool kit!



- Hose and nozzle.
- Cultivator/fork.
- Shovel/trowel.
- Rake –earth and fan.
- Pruners/shears/knife.
- Plant supports.
- Hydrogen peroxide.
- Sharpening stone.



Gloves.

Kneeler.

Good sunglasses.

Hat.

SPF 50.

Loose, light clothes/Rain wear.

Water

Looking after
yourself.



We love the sunshine!

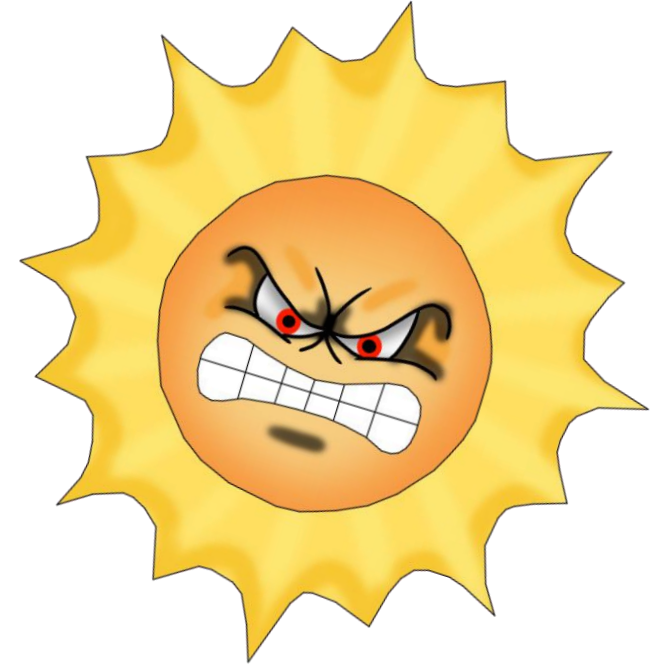
- Essential for plants.
- Good for us.
- Warmth helps moving.
- Alleviates depression.
- Improves sleep.
- Reduces stress.
- Vitamin D.





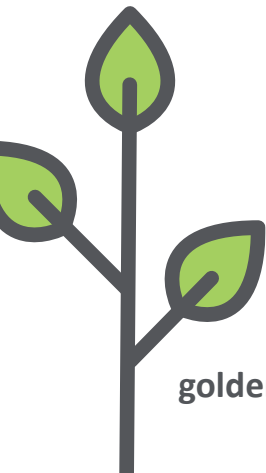
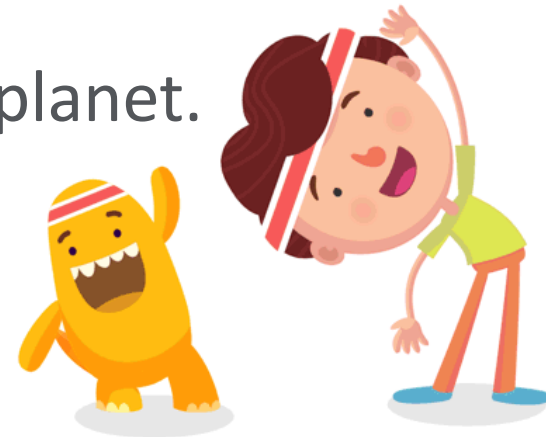
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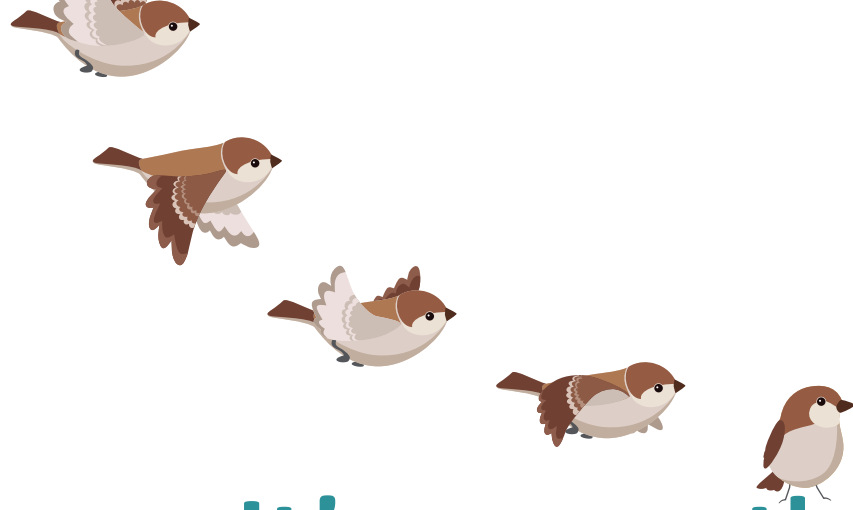
- Dehydration.
- Sunburn.
- Skin cancer.
- Heat stroke.
- Sunstroke.
- Headaches.
- Fatigue.



Movement; Taking care of yourself!

- Stretch. Before, during, after.
- Take breaks.
- Garden in the morning or evening.
- Garden on cooler days.
- Remember it is good for you and the planet.





It's a marathon, not a sprint.

Slow down.

Appreciate the effort.

Post the selfie.

Post the before and after.

There is always another day, week, month, season.

Ask for help.





Thank
you!!!